

Faith Community Nurses blend nursing and ministry to promote the wellness of the body, mind and spirit in our congregations and our communities.

“No Whispers –Caregiving for mental illness”

Cynthia Davis states the following: (*Church Health Reader, Spring 2017*)

“The need for help with mental health is great. One out of four people will struggle with mental illness at some point in their lives and the statistics are not any different in churches. We can’t escape it, but we can bear one another’s burdens with compassion. We can care when we share our hurts and pain...We (don’t) think of the brain as being an organ like the heart, lungs or pancreas. If someone was hospitalized, people signed up to make sure they had meals during the recovery period. We didn’t do that if the health need related to mental illness. People suffered in silence. Even when they needed a meal, a hug or affirmation or someone to pray for them, they suffered in silence. When they had to call the police because of violence erupting in their homes, they suffered in silence. In the middle of the night, when everyone else was asleep and their loved one was out of control and they didn’t know who to call they suffered in silence...Because Jesus cares for us, we must care for one another. One of the roles of the church is to let them know that Jesus already knows and it’s okay to acknowledge the brokenness and pain.”

“No one should have to whisper about mental health disorders” ~ Kay Warren

Colossians 3:12-13 says: “As God’s chosen ones, holy and beloved, clothe yourselves with compassion, kindness and humility, meekness and patience. Bear with one another...”

Elim Care is an affiliated ministry of the North Central District, one of 17 districts of the Evangelical Free Church of America. Elim’s Faith Community Nursing ministry mirrors Elim’s mission statement as we work together with Faith Community Nurses and their congregations in a collaborative effort to integrate the Word of God and Christian principles into areas of health and wellness in the church and the community.

We are here to assist you launch and sustain a health ministry in your church.

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